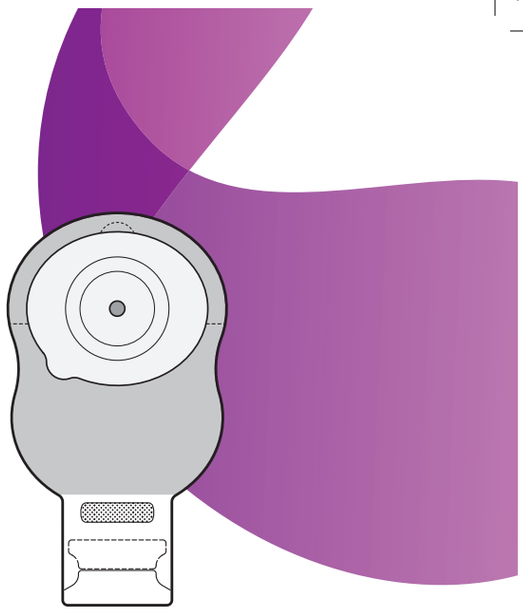
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# Application card

# EsteemBody™



## One-piece soft convex drainable pouch

Before application, ensure your hands and the skin surrounding the stoma are clean, dry and free from oily substances.

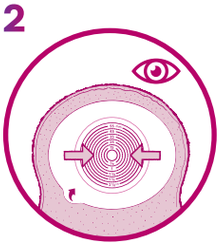
## Preparation and application

**1**



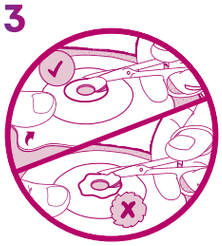
Place the stoma measuring guide over your stoma to confirm the correct size.

**2**



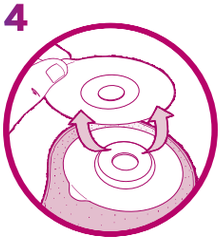
If using a pre-cut skin barrier, select a skin barrier with a pre-cut stoma opening slightly larger than your stoma.

**3**



If using a cut-to-fit skin barrier, transfer the size to your skin barrier and cut accordingly.

**4**



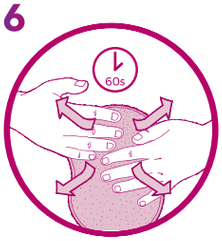
Remove skin barrier release liner.

**5**



Hold the skin barrier below your stoma and apply upwards against the skin around your stoma. Press the skin barrier against the skin.

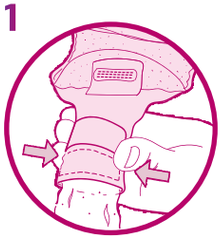
**6**




Smooth onto your skin. Maintain slight pressure on the skin barrier for 60 seconds to ensure a good seal.

## Emptying

1



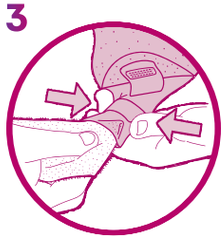
Open the tail by pushing in both ends of the outlet. Empty the contents into the toilet.

2



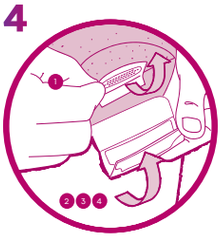
Support the pouch with one hand and wipe the tail in a firm downward motion with clean tissue.

3



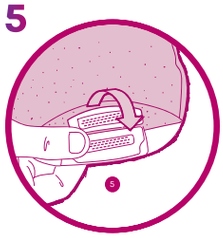
Clean the inside surface of the tail with clean tissue or wipes.

4



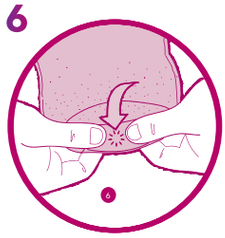
1. Fold securing strip to the up position.
2. Make fold 1 in the tail closure using plastic strips as a guide.
3. Repeat for fold 2.
4. Repeat for fold 3.

5



Hold tail closure while folding down securing strip.

6



Squeeze with thumb and fingers. You will feel it lock into place.

## Removal and disposal

1



Start by gently lifting the top edge of the barrier, then slowly and gently peel downward.

2



Dispose of the pouch according to local disposal regulations.

**Scan to watch application video**

Learn more at convatec.com or contact us at 1-800-422-8811 or cic@convatec.com

See package insert for complete instructions for use.

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