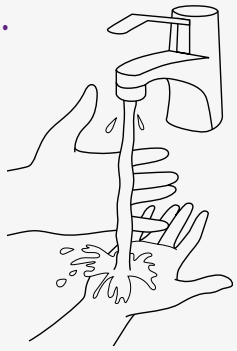
Wellspect®
A REAL DIFFERENCE

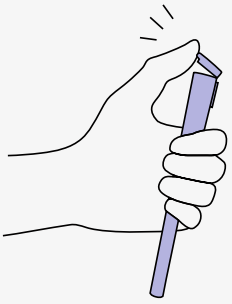
Quick guide
LoFric Elle catheters

Scan for detailed instructions

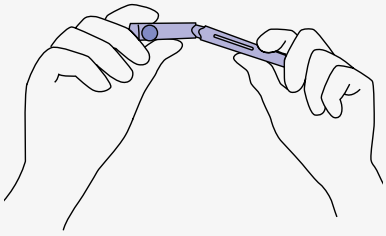
1.



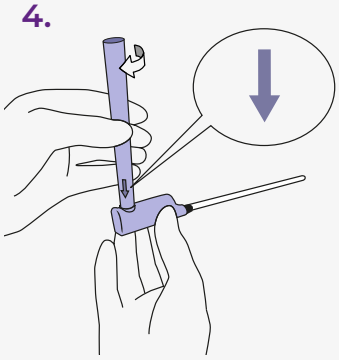
2.



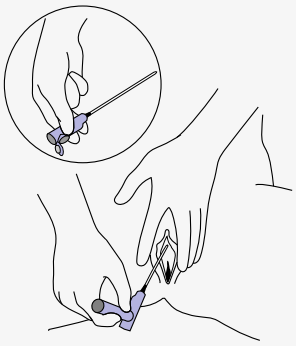
3.



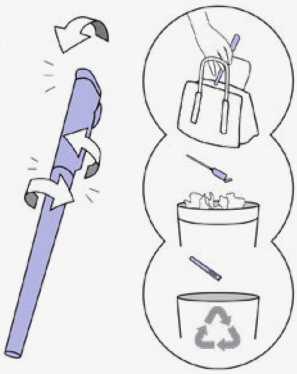
4.



5.



6.



1. Wash your hands thoroughly with soap and water.
2. Open the upper lid.
3. Hold the catheter in one hand and gently bend the upper part to open. Pull the catheter out.
4. OPTION: The catheter can be used with or without the handle. The handle provides increased reach and a more hygienic catheterization. Connect the case to the catheter with a simple snap, make sure the arrow on the case points down.
5. Tilt your pelvis forward, spread the labia, pull gently upwards, the urethra is located just above the vaginal opening. With the other hand, insert the catheter slowly into your urethral opening, until urine starts to flow, insert slightly more to ensure both eyelets are inside the bladder.

   When the urine flow slows to a drip, withdraw the catheter slowly. If urine starts to flow again, stop the withdrawal process and wait until the urine flow stops, to ensure complete bladder emptying.
6. Put the catheter back inside the container. Dispose, or carry it in your bag until disposal. Please note! The lower container is recyclable.

LoFric® Elle™

WELLSPECT does not waive any right to its trademarks by not using the symbols ® or ™.