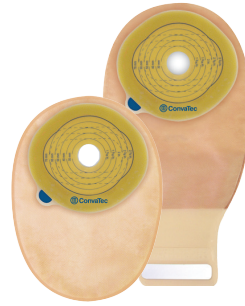
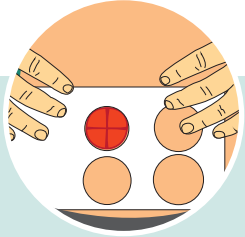


ESTEEM™

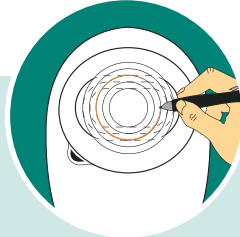
With Pre-Cut and Cut-To-Fit Skin Barriers



GETTING THE RIGHT FIT



1. Measure the stoma and select the appropriate size skin barrier.



2A. **Cut-to-fit skin barriers:**
Trace the stoma size on the center of the clear release line on the reverse of the barrier, then cut an opening about 1/8" (3mm) larger than your tracing.

or



2B. **Pre-cut skin barriers:**
Select skin barrier with pre-cut opening slightly larger than your stoma.

APPLYING AND WEARING THE POUCH



1. Remove the clear release liner from the skin barrier by pulling up on the blue tab.



2. Place the pouch gently in position over the stoma. Skin should be clean and dry.

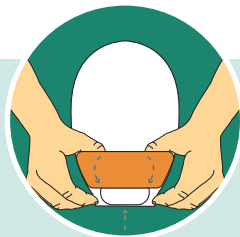


3. Press the skin barrier against the skin. Smooth the inner edge closest to your stoma then hold for 30 seconds to ensure a snug fit.

CLOSING THE POUCH



1. Fold the end up towards you until the interlocking closures line up. Press and pinch firmly across the entire length of the closure to secure.



2. Turn the Lock-it-Pocket™ inside-out to tuck tail inside.

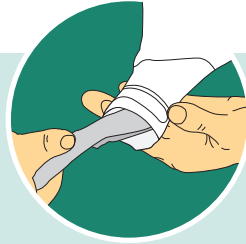
EMPTYING AND CLEANING THE POUCH



1. To empty pouch, tilt the tail up towards your body. Peel open the closure and unravel tail. Unlock pouch closure and open the tail by pushing in both ends of the outlet end-strips with fingers; drain pouch.

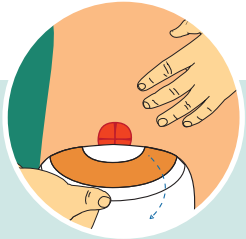


2. **Tips for cleaning the pouch:** Support the pouch with one hand and wipe the tail of the pouch in a firm downward motion with toilet tissue in your other hand.



3. Clean in the inside surface of the tail with toilet tissue or wipe.

REMOVING THE POUCH



1. Gently pull the skin barrier down, away from the skin, while supporting the adjacent skin with your other hand.



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Product Name: _____

SKU Number: _____ Quantity: _____

Notes: _____

