

## **Application card**

# **Esteem**Body<sup>™</sup>

### One-piece soft convex drainable pouch

Before application, ensure your hands and the skin surrounding the stoma are clean, dry and free from oily substances.

#### **Preparation and application**



Place the stoma measuring guide over your stoma to confirm the correct size.



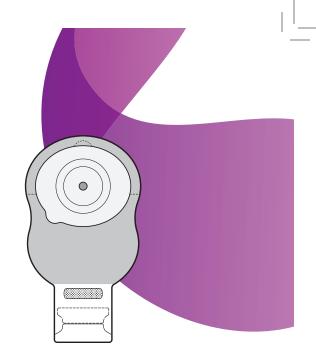
If using a pre-cut skin barrier, select a skin barrier with a pre-cut stoma opening slightly larger than your stoma.



Remove skin barrier release liner.



Hold the skin barrier below your stoma and apply upwards against the skin around your stoma. Press the skin barrier against the skin.





If using a cut-to-fit skin barrier, transfer the size to your skin barrier and cut accordingly.



Smooth onto your skin. Maintain slight pressure on the skin barrier for 60 seconds to ensure a good seal.

#### Emptying



Open the tail by pushing in both ends of the outlet. Empty the contents into the toilet.



- 1. Fold securing strip to the up position.
- 2. Make fold 1 in the tail closure using plastic strips as a guide.
- 3. Repeat for fold 2.
- 4. Repeat for fold 3.



Support the pouch with one hand and wipe the tail in a firm downward motion with clean tissue.



Hold tail closure while folding down securing strip.



Clean the inside surface of the tail with clean tissue or wipes.



Squeeze with thumb and fingers. You will feel it lock into place.

#### Removal and disposal



Start by gently lifting the top edge of the barrier, then slowly and gently peel downward.



Dispose of the pouch according to local disposal regulations.



#### Scan to watch application video

Learn more at convatec.com or contact us at 1-800-422-8811 or cic@convatec.com

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